



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)

Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)

Facebook: sfdsburnaby Instagram: sfdsburnaby



### Pastor:

Father Mark McGuckin

### Assistant Pastor:

Father Médard Kamanzi

### Deacon:

Patrick Dwan

### Religious Education Coordinator:

Marguerite Goldsmith

[sfds.religiouused@rcav.org](mailto:sfds.religiouused@rcav.org)

### Parish Accountant:

Theresa Inocentes

### Parish Secretary:

Danka Mak

### Parish Administrative Assistant :

Fiona Dwan

### Parish School

#### School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

### St. George's Melkite-Greek

#### Catholic Mission

Byzantine Rite Mass at 1:30 pm

on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

[stgeorgesmelkite@hotmail.com](mailto:stgeorgesmelkite@hotmail.com)

Website: <http://gm.rcav.org>

### St. Vincent de Paul Society

Help Line: 604-434-1328

### Domestic Abuse

Help Line: 604-640-7549

### Confessions:

Monday to Friday

7:55 am to 8:10 am

### Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

### By Appointment

Please call the Parish Office.

604-434-1328

### Weekday Mass Schedule

8:15 am Monday-Friday

9:15 am Friday May 3

(school Mass)

7:00 pm First Friday Mass May 3

9:00 am Saturday's & Holidays

### Holy Hour


Thursday mornings after Mass

First Friday's at 6 pm

Sunday April 28, 2024

Fifth Sunday of Easter

**"I am the VINE, you are the branches."**

 SFDS.ca

Mass Times: Saturday: 5:00pm\*, Sunday: 9:00am\*, 11:00am & 7:00pm  
\*) with The Liturgy of the Word for Children

*"Do not be afraid of holiness, do not be afraid to aim high, to be loved and purified by God, do not be afraid to let yourself be guided by the Holy Spirit."  
Pope Francis*

**Sunday, April 28, John 15:1-8**

*Ask what ever you want and it will be done for you. (John 15:7)*

Have you ever heard of snake oil salesmen? They sell a product that they promise will solve all of our problems, cure all of our ills, and guarantee a happy life. It's a tempting offer. But we know deep down that the salesman's promises are empty.

In today's Gospel, Jesus tells us that we can come to him and ask for whatever we want. Does that mean that, like a snake oil salesman, he is promising to give us whatever we desire, even if it's riches, fame or power? Not at all.

When Jesus makes this promise, he begins by saying "if you remain in me and my words remain in you" (John 15:7). That's the key, abiding in Jesus. He wants us to be like branches that are constantly fed and sustained by a vine. That means staying connected to him so that he can feed us and form us (15:5). The closer we are to Jesus and the more we let his words shape us, the more our hearts can become like his. Our desires and dreams start to reflect his desires and dreams for us. As a result, it's more likely that we will be asking according to God's will.

Of course this doesn't happen overnight. Even as we strive to align ourselves with God's will, we should still keep bringing our needs or desires to Jesus. We should always come to him with the confidence of children who trust in their loving father. After all, we have a good God who wants to give us good things. But in the end, prayer is not an exercise in trying to get him to bend to our will. It's a process of freely embracing his will.

Jesus is promising us that we can ask and receive as we align ourselves with him and hold onto his words. He himself will dwell within us and lead us to our heavenly Father. And that's not an empty promise! *Jesus, help me to abide in you!*"



**We Welcome and Congratulate**  
*Marcello Benjamin Cabalfin*  
**Baptized in our parish this weekend**

### Applications Open:

#### Youth Ministry Leadership Bursary

The Youth Ministry Leadership Bursary recognizes high school students making a difference in their parishes, schools, communities and homes. Two Grade 12 students will be selected to receive an award of \$500 each for their post-secondary schooling. **Application deadline: Monday, May 13.**

Learn more and apply at [rcav.org/youth-ministry](http://rcav.org/youth-ministry).

During the weekend of **May 5**, we will publish our "In Loving Memory" column for our loved ones who passed away in the month of **May**. If you wish to have someone included in this column, please phone or email the parish office by **Wednesday May 1**.



*"It is Jesus in fact that you seek when you dream of happiness, he is waiting for you when nothing else you find satisfies you."*

*St. John Paul II*

An advertisement for the Alpha Marriage Course. It features a photograph of a smiling couple in a park. In the top left corner, there is a purple circular logo with the number 91 and the text "SFDS.ca". In the top right corner, there is a green sign that says "COMING SOON". Below the photo, the text reads "ALPHA MARRIAGE Course" and "Starts on May 30, 2024".

**ALPHA MARRIAGE Course**  
Starts on  
*May 30, 2024*

When life gets busy, its easy for married couples to forget about date night. We would like to invite you and your spouse to set a weekly date night to reconnect and build a more joyful family by thriving as a couple.

The Marriage Course, a 7 week program produced by Alpha International, for couples "seeking practical support to strengthen their relationship, keep the spark alive and stay connected." For more information and to register, please visit our parish website: [www.sfds.ca](http://www.sfds.ca) or follow the link

<https://sfds.ca/announcements/alpha-marriage-course>

# 2024 SFDS SPRING FAIR

**MAY 25, 10AM**  
at Rene Memorial Park  
across St. Francis de Sales  
6656 Balmoral St., Burnaby



OBSTACLE COURSE



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MUSICAL PERFORMANCES

Join us on May 25th 2024 for a day of fun, entertainment, food and music.  
**Entrance is Free!**



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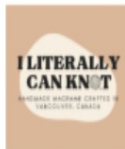
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## 2024 VICTORIA MARCH FOR LIFE

The 2024 March for Life Rally to Victoria is scheduled for Thursday May 9.

To participate in the March, we need to travel to Victoria in the morning leaving from SFDS Parish at 8:00 am on that day.



The BURNABY PROLIFE SOCIETY is subsidizing the cost for bus transportation from St Francis de Sales Church to Victoria and back.

The cost is as follows:

- 65 plus years old\* is \$15.00
- 12 to 64 years is \$50
- 5 to 11 years is \$30
- Under 5 years is free

Please note you must be 65+ on or before May 9 to take advantage of the reduced rate.

We only have 46 seats and the bus will fill up very quickly. To ensure you get a seat please see Danka, our SFDS secretary to purchase a ticket Monday to Friday

9:00 am to 5:00 pm (closed for lunch from noon to 1pm) as soon as possible.

Please leave your name, phone number, and email address with Danka.

Any questions can be forwarded to [rmunch@shaw.ca](mailto:rmunch@shaw.ca)

*The*  
MAY 6, MONDAY  
SENIOR LUNCH @12:00  
DOOR OPENS AT 11:30  
**PORTUGUESE TOUCH!**  
**\$12.00**

Green Saladw/ Portuguese dressing

Pork Sandwich

Rice pudding

Biscoits

**Last day to Register**  
**WED. May 1st**

Louise: 604 872 1574 (pls. leave a message)  
[bclouise@gmail.com](mailto:bclouise@gmail.com)

Come and join us for  
**THE WILD GOOSE Series**  
Every Wednesday | 7:00pm | Church Hall  
new time

- April 17** • The Breath of God
- April 24** • Baptism in the Spirit and Fire
- May 1** • The Spirit and Our Lady (a)  
• Gifts of the Holy Spirit (b)
- May 8** • The Spirit and the Eucharist
- May 15** • The Spirit of Adoption
- May 22** • The Spirit and the Sacraments (a)  
• The Fruits of the Holy Spirit (b)
- May 29** • The Spirit and the Desert
- June 5** • The Spirit Convicts
- June 12** • The Spirit Freedom (a)  
• The Spirit Gives Witness (b)
- June 19** • The Spirit Remembers



**MASS WEDDING**

FOR CIVILLY MARRIED COUPLES



**REGISTRATION DEADLINE**  
**JULY 21, 2024**



Saturday, SEPTEMBER 21, 2024 at 1:30pm  
SAINT PAUL PARISH, RICHMOND  
8251 St Albans Rd, Richmond, BC V6Y 2L2

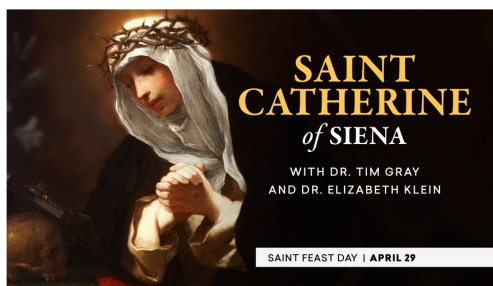
[fillpinoministry.ca](http://fillpinoministry.ca)



For more information or to register,  
please contact parish office or  
call Deacon Raul Abella (778-512-9163)  
or email [fillpinoministry@rcav.bc.ca](mailto:fillpinoministry@rcav.bc.ca)

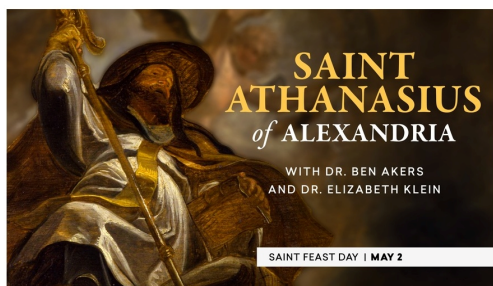
# THIS WEEK ON **FORMED**

Week of April 28, 2024



## Who is St. Catherine of Siena?

In light of St. Catherine of Siena's feast day, join Dr. Tim Gray and Dr. Elizabeth Klein, as they celebrate this holy woman: a nurse and mystic with papal influence who became a doctor of the Church.



## Saint Athanasius of Alexandria | Catholic Saints

Join Dr. Ben Akers and Dr. Elizabeth Klein as they discuss the early Church Father, St. Athanasius. A bishop and Doctor of the Church, St. Athanasius is remembered as the great defender of the Nicene Creed. He was exiled five times from his own diocese under four different emperors. A great teacher, his writings are accessible to both beginners and experts in theology, writing works that serve different needs in the Church.



## Guard What Has Been Entrusted To You - A Sermon for the Feast of St. Joseph

Guard What Has Been Entrusted To You A Sermon for the Feast of St. Joseph by Bishop Jacques-Bénigne Bossuet.

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**FROM THE PHILIPPINES!**

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