



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)

Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)

Facebook: sfdsburnaby Instagram: sfdsburnaby



### Pastor:

Father Mark McGuckin

### Assistant Pastor:

Father Médard Kamanzi

### Deacon:

Patrick Dwan

### Religious Education Coordinator:

Marguerite Goldsmith

[sfds.religiouused@rcav.org](mailto:sfds.religiouused@rcav.org)

### Parish Accountant:

Theresa Inocentes

### Parish Secretary:

Danka Mak

### Parish School

#### School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

### St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm  
on Sundays

**Pastor:** Fr. Edward Ibrahim

778-251-8270

[stgeorgsmelkite@hotmail.com](mailto:stgeorgsmelkite@hotmail.com)

Website: <http://gm.rcav.org>

### St. Vincent de Paul Society

Help Line: 604-434-1328

### Domestic Abuse

Help Line: 604-640-7549

# Second Sunday of Lent

## Mass Times:

**Saturday: 5:00pm\***

**Sunday: 9:00am\*, 11:00am & 7:00pm**

**\*) with The Liturgy of the Word for Children**



Every Friday during LENT

Stations of the Cross @ 6:00 pm and Holy Mass @ 7:00 pm



### Confessions:

Monday to Friday  
7:55 am to 8:10 am

### Saturday

9:30 am to 10:00 am  
4:00 pm to 4:45 pm

### By Appointment

Please call the Parish Office.  
604-434-1328

### Weekday Mass Schedule

8:15 am Monday-Friday  
9 am Monday February 19  
(Family Day )  
9:00 am Saturday's & Holidays

### Holy Hour

Thursday mornings after Mass  
First Friday's at 6 pm

### Stations of the Cross

6:30 pm every Friday during Lent  
Followed by Mass at 7:00 pm

*"During Lent Let us find  
concrete ways to overcome  
our indifference."  
Pope Francis*

## Sunday, February 25, Mark 9:2-10

*They kept the matter to themselves. (Mark 9:10)*

Today we hear Mark's account of Jesus' transfiguration and get a snapshot of his divinity. Six days after predicting his death and resurrection, Jesus shows his glory to Peter, James, and John (Mark 8:31, 9:2-8). In a flash the disciples eyes are opened. They can see who Jesus truly is. He is more than a good rabbi, a miraculous healer, or a gifted preacher. He is greater than even Moses or Elijah! Jesus is God.

Jesus' disciples didn't fully grasp their mountaintop vision or how they would need to cling to it as Jesus headed toward the cross. They didn't know how their faith would be tested or how important it was that Jesus was more than just a man. And they didn't know what Jesus meant when he said that he would die and rise again. But Jesus knew. That's why he told them to keep the revelation to themselves until he "had risen from the dead" (Mark 9:9).

In his transfiguration, Jesus was giving his disciples a gift to sustain them from the day of his crucifixion. On that day there would not be three tents but three crosses. Jesus would not stand between Moses and Elijah, he would hang between "two revolutionaries" (Mark 15:27). On that day they would abandon their teacher and Lord to his cruel end. But Jesus' transfiguration not only helped the disciples during his crucifixion. Even more, it foreshadowed an even greater revelation of his divinity: the resurrection!

Jesus' glory was just as present on the cross as it was on the mountaintop. The disciples just couldn't see it. They needed a heavenly perspective and so do we. That's why Jesus invites us to go up the mountain every day for a glimpse of his glory, to see Jesus, the Son of God, who will be with us always to the end of time.

### ***This Lent, Let's Work toward Reaping our Rights***

*This year, Development and Peace — Caritas Canada's Create Hope: Reaping our Rights campaign calls you to stand with small-scale farmers and peasant communities who feed the world while caring for the Earth. Do this by:*

1. **Donating online** at [devp.org/give](http://devp.org/give) or during the Solidarity Sunday collection on March 17, the fifth Sunday of Lent. Your generosity helps support over 73 projects in 36 countries around the world!
2. **Learning more by reading the Mini-magazine** and other resources available at [devp.org/lent/resources](http://devp.org/lent/resources).



### ***Last Chance to Sign the Stand for the Land Petition***

Today is the deadline for signing a letter to Honduran ambassador to Canada asking her government to protect those who are fighting to defend forests and rivers in a Honduran national park against pollution from a mine. The letter is part of Development and Peace — Carita Canada's last fall campaign. Over 20,000 Canadians have signed it in solidarity with these struggling communities of Guapinol and the San Pedro sector. Join the effort and add weight to our demands. Sign now at [devp.org/act](http://devp.org/act). Thank you for your solidarity!



### **40 DAYS FOR LIFE CAMPAIGN LENTEN CAMPAIGN 2024**

The campaign for Vancouver 40 Days for Life started on Ash Wednesday, February 14 and will end on Sunday, March 24 this year. We encourage all parishioners and their families to take part in this year's campaign. Our parish date is on **Saturday March 23, from 8 am to 6 pm**, Please consider spending at least one hour or more on March 23rd to stand and pray outside St. Joseph's Residence on Willow Street at 32nd Ave, (by the fire hydrant), as witness to the sanctity of life. Invite your families and friends to support this important endeavor to speak up for the unborn human babies, who have no voice of their own.

**Sign up sheets are available at the back of the Church after all Masses this weekend.**



**We Welcome and Congratulate**  
*Ayden Alexander Correia*  
Baptized in our parish this weekend



**2023 Tax Receipts:** Are now available for pick up at the entrance of the Church. To make it easy to locate your receipt, they have been arranged in alphabetical order. Thank you to everyone for your ongoing support.





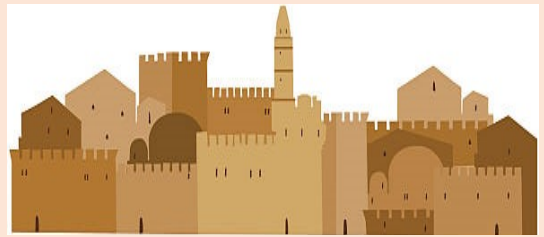
Please come and join us to our first  
St. Francis de Sales

# Seniors' Luncheon

**Monday, March 11, 2024**  
**11:30 AM-1:30 PM**  
**at the Church hall**

**Fun games to follow after lunch!**  
**\$12.00 per guest**  
(non refundable)  
transportation available upon request.

Last day to register: Sunday March 9, 2024  
Register at:  
joan:burnabyjoanegmail.com  
bclouiseegmail.com (604 872 1574)  
jenn :778 652 1673



### Articles from the Holy Land February 24/25

This weekend February 24 & 25, after the 5 pm, 9 am & 11am Masses, we will have available for purchase in the entrance of the Church, religious olive wood carvings. These articles are hand crafted by the Christians of the Holy land who are seeking your support today to assist them in staying rooted in the land of Christ. **70 years ago, the Christian population was 20 % of the whole population, now they are only 1.0%.** It's also a way of preserving a local cultural heritage which is in danger of being lost as more Christians feel pressured to leave their homeland for economic and political reasons. These religious articles can be used as gifts for first communions, Christmas and other occasions. In addition, some of these articles can be used as a means of praying and providing comfort, strength, and even hope for people who are suffering. **Please note that that ONLY CASH, E-TRANSFER, OR CHEQUES ARE accepted as payment at this time.** Thanks again for your support, and God Bless.

During the weekend of **March 3**, we will publish our "In Loving Memory" column for our loved ones who passed away in the month of **March**. If you wish to have someone included in this column, please phone or email the parish office by **Wednesday February 28. 604-434-1328.**



**Who Is Jesus Christ For Me As A Man In The 21st Century?** This transformative event invites participants to explore the identity and impact of Jesus Christ in modern manhood through insightful talks, prayer, and fellowship. Dive into a deep reflection on faith and personal growth in an environment designed for spiritual exploration and discovery. Don't miss this opportunity for profound engagement with your faith alongside like-minded individuals.

The retreat will be led by Father Mark Gazin. All men aged 15+ are welcome! On Saturday, March 16, at Star of the Sea Parish Centre in White Rock. Learn more and register via [beholdvancouver.org/events](http://beholdvancouver.org/events).

### KOFC Annual Memberships

Please note that payment can be dropped off at the parish office. Monday to Friday from 9 am to 5 pm. (Closed for lunch from noon to 1 pm)



### VENDOR ALERT!

**SPECIAL OFFER 10% off**  
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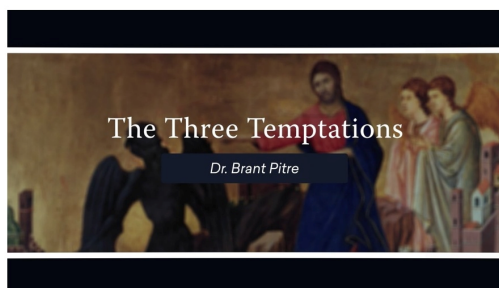
[SpringFair.sfdsburnaby@gmail.com](mailto:SpringFair.sfdsburnaby@gmail.com)

**SFDS SPRING FAIR 2024** Get ready for the highly anticipated parish and wider community) event of 2024, our **Spring Fair!** And here is a special pitch to businesses... As a business owner within our community, your in for a special treat from the Spring Fair organizing committee. Elevate your business' with social media presence with personalized shout-outs through a small donation. Your contribution not only supports the success of this fun-filled event but also ensures a memorable experience for all. For details and to take advantage of this unique opportunity, send an email to [spring.fairsfds.burnaby@gmail.com](mailto:spring.fairsfds.burnaby@gmail.com).

And to keep up to date with Spring Fair happenings check out the link below.

# THIS WEEK ON **FORMED**

Week of February 25, 2024



## The Three Temptations with Dr. Brant Pitre

Reflect with Dr. Brant Pitre on the temptations of Jesus in the desert as he gets to the heart of the meaning of Lent.



## The Hour of Our Death | Eternal Rest | Episode 3

The Anointing of the Sick is one of the seven sacraments of the Church. This session, we discover the role of this sacramental anointing in the spiritual struggle during serious illness, the final stages of our temporal life, and the hour of our death.



## Talking Back: Scripture's to Answer Common Fears | Fearless | Episode 3

How can the Word of God help us face fear and win back victory from the Enemy's control? Chris continues his conversation with Fr. Dave Pivonka about how people of faith address fear. Scripture provides concrete ways to wield the power of God's Word against the fear of need, abandonment, vulnerability, condemnation, and more. Unlock the means for the Lord to free you from all fear.

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