



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: sfdsburnaby Instagram: sfdsburnaby



Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Médard Kamanzi

Deacon:

Patrick Dwan

Religious Education Coordinator:

Marguerite Goldsmith

sfds.religiouused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm
on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

stgeorgsmelkite@hotmail.com

Website: <http://gm.rcav.org>

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549



First Sunday of Lent



Mass Times:

Saturday: 5:00pm* and Sunday: 9:00am*, 11:00am & 7:00pm

*) with The Liturgy of the Word for Children

Confessions:

Monday to Friday
7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am
4:00 pm to 4:45 pm

By Appointment

Please call the Parish Office.
604-434-1328

Weekday Mass Schedule

8:15 am Monday-Friday
9 am Monday February 19
(Family Day)
9:00 am Saturday's & Holidays

Holy Hour

Thursday mornings after Mass
First Friday's at 6 pm

Stations of the Cross

6:30 pm every Friday during Lent
Followed by Mass at 7:00 pm

"Lent is a new beginning a path leading to the certain goal of Easter, Christ's victory over death." Pope Francis

Sunday, February 18 Mark 1:12-15

The Kingdom of God is at hand. (Mark 1:15) H

Can you imagine the excitement that Jesus must have generated as he began healing people, performing works of wonder, and preaching the good news of the kingdom? Can you picture the hope and expectation evident in the faces of the people who flocked to him? Maybe the time really had been “fulfilled.” Maybe the kingdom really was “at hand” (Mark 1:15).

It certainly was a dramatic way for Jesus to begin his ministry. But today, on the First Sunday of Lent, the Lord reminds us that this exciting new beginning came at the end of something not quite so exciting. Just before he burst on the scene, Jesus had endured a grueling forty-day fast and a host of demonic temptations.

This sequence of events wasn't just a coincidence. It was that very fast that helped launch the new kingdom Jesus was announcing. By staying faithful to his father throughout this ordeal, Jesus began his work of disarming the devil. As the first man who didn't bend to temptation, he reversed the sin of Adam and opened a path for us to follow. Beginning with his time in the wilderness, Jesus demonstrated that his kingdom was indeed at hand and that the devil's reign was coming to a decisive end.

As your own Lenten journey unfolds this year, keep the story of Jesus' temptation in the wilderness close to your heart. Especially when life gets hard or temptations arise, remind yourself that every desert experience can result in new life as you try your best to stay faithful to the Lord. Even if you fall, remember that you can stand up again and keep moving forward because of Jesus' triumph over the devil. Sin no longer has the final word in your life, Jesus your redeemer does!

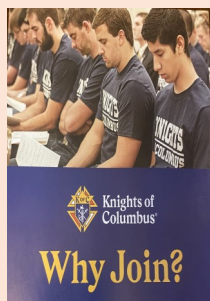
“Jesus, I am ready to enter the desert this Lent. I trust in your promise to walk with me and bring me into your kingdom!”



**Knights of Columbus
Pancake Breakfast**
This Sunday February 18
After 9 am & 11 am Masses.

KOFC Annual Membership Drive

The Knights of Columbus, SFDS Council 8853 is holding its annual membership drive this weekend. Local Council members and State Officers will be around to answer any questions after the Saturday 5pm Mass, 9 & 11am Masses & 7pm (if needed) Mass.



Second Collection: St. Joseph's Society

This Sunday's second collection supports our retired priests who have dedicated their entire life to the Church. Generous support from the community ensures a comfortable living environment, quality medical care, and other essential services for our retired priests. You can make a tax-deductible donation to St. Joseph's Society in-person at the parish or online at rcav.org/joseph.



40 DAYS FOR LIFE CAMPAIGN LENTEN CAMPAIGN 2024

The campaign for Vancouver 40 Days for Life will take place from Ash Wednesday, February 14 to Sunday, March 24 this year. We encourage all parishioners and their families to take part in this year's campaign. Our parish date is on **Saturday March 23, from 8 am to 6 pm.**

Please consider spending at least one hour or more on March 23rd to stand and pray outside the legal zone of BC Woman's Hospital, as witness to the sanctity of life. Invite your families and friends to support this important endeavor to speak up for the unborn human babies, who have no voice of their own.

Sign up sheets will be available at the back of the Church after all Masses this weekend.

There will be a special Mass to kick-off this year's campaign on Tuesday, February 13 at 11 pm in the JP II Centre Chapel. Note the doors will be locked at 11 pm so please arrive by 10:55 pm at the latest. Mass will be followed by Rosary in front of St. Joseph Residence on Willow St at 32nd Avenue

40 Days for Life: Nightly Rosary

The Lenten campaign includes a nightly rosary at 8:00 p.m. Join us on Zoom every night until Palm Sunday, March 24, as we pray together for an end to the injustice of abortion. Learn more and register via beholdvancouver.org/events.



SIGN UP
TO JOIN OUR
PARISH FOR
One Hour
On Saturday, March 23, 2024

40 DAYS FOR LIFE THE BIRTHPLACE OF THE END OF ABORTION
The Culture of Life is Built by YOU!

SFDS.ca

VENDOR ALERT!

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SAVE THE DATE
 MAY 25, 2024
SFDS SPRING FAIR
 Let us once again celebrate our community and have fun! Lots of games and prizes in store for everyone!
 Springfair.sfdsburnaby@gmail.com

Click logo to visit

SFDS SPRING FAIR 2024 Get ready for the highly anticipated parish and wider community event of 2024, our **Spring Fair!** And here is a special pitch to businesses... As a business owner within our community, your in for a special treat from the Spring Fair organizing committee. Elevate your business' with social media presence with personalized shout-outs through a small donation. Your contribution not only supports the success of this fun-filled event but also ensures a memorable experience for all. For details and to take advantage of this unique opportunity, send an email to spring.fairsfds.burnaby@gmail.com. And to keep up to date with Spring Fair happenings check out the link below.

Website : <http://www.sfdsspringfair.ca>

please join us

INTERNATIONAL POTLUCK PARTY

Feb 24, 2024
6:00 PM

BRING YOUR FAVORITE DISH!
 pls send email of what you are bringing: (good for 8-10 servings)
burnabyjoan@gmail.com
gracemushinski@gmail.com

Fiat Women's Retreat

Discover where God is calling you to be present and available at our Fiat Women's Retreat.

Mary always made herself present and available while nurturing Jesus and accompanying the disciples before her Assumption into heaven. She is "the new beginning" of the vocation of women, exemplifying the richness of femininity. Join us in discovering where you are called to be present and available in your journey of femininity.

Open to all single women aged 18-35. The retreat is on March 8-10 at Carmel Hill in Deroche. Cost is \$200, with financial assistance available.

Registration deadline: Friday, March 1. Learn more and register at: beholdvancouver.org/events.

Rachel's Vineyard Retreat

"God takes pleasure to see you take your little steps; and like a good father who holds his child by the hand, He will accommodate His steps to yours and will be content to go no faster than you. Why do you worry?" - St. Francis de Sales

Sometimes that is all one can do after a loss due to abortion: little steps in the right direction. Take heart! That is the beginning of your healing! You are not alone as you walk, and you will not be alone on a Rachel's Vineyard Retreat™. Join us! Why wait? Our next Rachel's Vineyard™ Retreat is on May 24-26. For confidential information, call 604-525-0999. Email: info@pacscanada.org.



Articles from the Holy Land February 24/25

On the weekend of February 24 & 25, after the 5 pm, 9 am & 11am Masses, we will have available for purchase in the entrance of the Church, religious olive wood carvings. These articles are hand crafted by the Christians of the Holy land who are seeking your support today to assist them in staying rooted in the land of Christ. **70 years ago, the Christian population was 20 % of the whole population, now they are only 1.0%.** It is also a way of preserving a local cultural heritage which is in danger of being lost as a more Christians feel pressured to leave their homeland for economic and political reasons. These religious articles can be used as gifts for first communions, Christmas and other occasions. In addition, some of these articles can be used as a means of praying and providing comfort, strength, and even hope for people who are suffering.

Please note that that ONLY CASH, E-TRANSFER, OR CHEQUES ARE accepted as payment at this time.

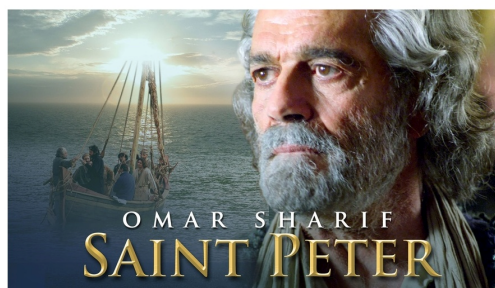
Thanks again for your support, and God Bless.

2023 Tax Receipts: Will be available for pick up at the entrance of the Church on the weekend of February 25. Thank you for your ongoing support!



THIS WEEK ON **FORMED**

Week of February 18, 2024



Saint Peter

Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.



The Afterlife | Eternal Rest | Episode 2

What happens after the moment of our death? Once the soul has been separated from the body, then what? What is heaven, hell, and purgatory? This session looks at the truth about what awaits the human person on the other side of death.



Week One | Restore: Lent with Sr. Miriam James Heidland, SOLT

In the Week One video for the Restore Lent series, Sr. Miriam James Heidland, SOLT, reflects on the theme of the week—the desert. She explains that Jesus is inviting you to move beyond your comfort zone and into the deepest places of your heart with him. It is Jesus who helps you root out the sin, sickness, and self-hatred in your life. Sr. Miriam assures us that we can look to him for comfort, love, and healing.

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