



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1
Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: [sfdsburnaby](https://www.facebook.com/sfdsburnaby) Instagram: [sfdsburnaby](https://www.instagram.com/sfdsburnaby)



Be at peace, then, put aside all
anxious thoughts and imaginations,
and say continually: 'The Lord is my
strength and my shield; my heart has
trusted in Him ...

St. Francis de Sales

Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Médard Kamanzi

Deacon:

Patrick Dwan

Religious Education Coordinator:

Marguerite Goldsmith

sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm
on Sundays

Pastor: Fr. Edward Ibrahim
778-251-8270

stgeorgesmelkite@hotmail.com

Website: <http://gm.rcav.org>

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday
7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am
4:00 pm to 4:45 pm

By Appointment

Please call the Parish Office.
604-434-1328

2ND SUNDAY OF ADVENT



Mass Times:

Saturday: 5:00pm*

Sunday: 9:00am*, 11:00am & 7:00pm

*) with The Liturgy of the Word for Children



Sunday, December 10 Mark 1:1-8



The beginning of the gospel of Jesus Christ the Son of God. (Mark 1:1)

Beginnings are important, and the beginning of Mark's Gospel is no exception. His very first sentence reads like a summary of the entire book: "The beginning of the gospel of Jesus Christ the Son of God" (Mark 1:1). So where does Mark start the story? He takes us to the Judean desert, where John the Baptist is preparing the way for the Christ, the Messiah.

Contrary to expectations that the Messiah would bring Israel military liberation, John proclaims that Jesus will baptize his people in the Holy Spirit (Mark 1:8). He will open the way of God himself to dwell in them!

That's why John offered baptism for the forgiveness of sins. He knew that Jesus had come to do something new, something astonishing. Repentance was the key that would help the Jews and us to receive this surprising good news.

In order to be ready, we need to empty ourselves of our old ways of thinking. That's where repentance comes in. It clears out the sin that clouds our vision of God. It removes our shame and guilt and delivers us from whatever blocks God's life from taking root in us. It makes us ready to receive God's forgiveness and helps us to become more aware of his abiding presence within us.

Are there ways that you need a change of attitude or a new hope this Advent? As you prepare the way for Jesus during this holy season, go back to "the beginning" and listen to John the Baptist's message. Repentance is good news because it opens your heart to Jesus. So take advantage of opportunities to receive the Sacrament of Reconciliation this season. Let God expand your capacity to receive him at Christmas. As Mark shows us in his Gospel, that's where it all begins.

"Jesus, help me to open my heart to you as I await your coming!"

Baptisms in Our Parish

We welcome and Congratulate

Prince Leonardo Sabas Tobias IV

Ignatius Chen-Hong Dacruz Lam

Mapalo Leonard Muyambo

Baptized in our parish this weekend



**Knights of Columbus
Pancake Breakfast**
Next Sunday December 17
After 9 am & 11 am Masses.



2024 Sunday giving envelopes are now ready for pick up at the entrance of the Church. To make it easy to locate your envelopes they have been arranged in alphabetical order as your number may be different from the number you had last year.

Please note that envelopes have not been issued for those parishioners who donate through our pre authorized giving program.

Thank you to everyone for your ongoing support!



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"There is nothing small in the service of God."
-ST. FRANCIS DE SALES



2023 ADVENT PENITENTIAL SERVICES



EACH SERVICE WILL BEGIN AT 7:00PM

Thurs, Dec 14	St. Cyril and Methodius, New West
Thurs, Dec 14	Our Lady of Lourdes, Coquitlam
Fri, Dec 15	Holy Spirit, Queensborough
Mon, Dec 18	St. Michael's, Burnaby
Mon, Dec 18	Our Lady of Fatima, Coquitlam
Tues, Dec 19	St. Peter's, New West
Tues, Dec 19	St. Mary's Vancouver
 Wed, Dec 20	St. Francis de Sales, Burnaby 
Thurs, Dec 21	Our Lady of Mercy, Burnaby

The Lord our God is merciful and forgiving, even though we have rebelled against him. **Daniel 9:9**

FROM DEC. 23 TO JAN. 1 4 HOLY DAYS OF OBLIGATION CHOOSE ONE FROM EACH BLOCK

4th Sunday of Advent Masses:

Dec. 23: 5:00pm
Dec. 24: 9:00am
Dec. 24: 11:00am

Christmas Day Masses:

Dec. 24: 6:00pm
(with children's pageant)
Dec. 24: 9:00pm
Dec. 25: 12 midnight
(carolling, 30 minutes before)
Dec. 25: 9:00am
Dec. 25: 11:00am
(no evening Masses on Dec. 25)

Holy Family Sunday Masses:

Dec. 30: 5:00pm
Dec. 31: 9:00am
Dec. 31: 11:00am

New Year's Day Masses

(Solemnity of Mary, the Mother of God):

Dec. 31: 5:00pm (no 7:00pm Mass)
PLUS... Eucharistic Adoration to ring in
the New Year (11:00pm to midnight)
Jan. 1: 9:00am
Jan. 1: 11:00am
(no evening Masses on Jan. 1)



SFDS Parishioners Sunday December 17

Come and Join the CWL in
Celebrating our 70th Anniversary

after 9:00 and 11:00 masses
Church Hall

Free Coffee & refreshment
provided.



"Advent is thus a favourable time to pray with greater intensity, to reserve to the spiritual life the important place it deserves." Pope Francis

Dear Parishioners,

Thank you for your generous donations of food and gift cards. Your support and generosity were overwhelming. We were able to deliver hampers to 58 individuals and families. Your support and generosity were overwhelming.

This was a team effort. We would like to acknowledge all parishioners, volunteer drivers, CWL, Knights of Columbus, Couples for Christ and the parish office staff for making this another successful venture. Best wishes for 2024.



Picture above is the George family ...Johnson, Meera, and Ronald along with our young faithful coordinator Raunak who helped us in this endeavour.

THIS WEEK ON **FORMED**

Week of December 10, 2023



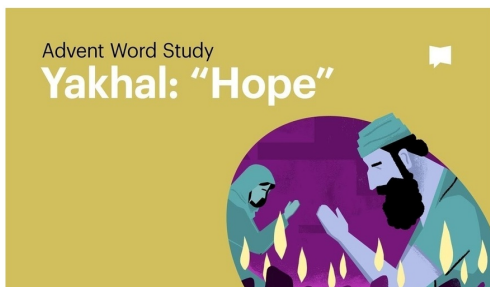
The Spirituality of Advent

Dr. Tim Gray discusses the spirituality of Advent and the joy of waiting for Christ.



The incredible true story of Our Lady of Guadalupe | Chris Stefanick Show

Check out this episode of the Chris Stefanick Show to learn the amazing story Our Lady of Guadalupe.



Yakhal/Hope | Advent: Word Studies | The Bible Project

In the Bible people who have hope are very different from optimists! In this video, we'll explore how biblical hope looks to God's character alone as a basis for trusting that the future will be better than the present.

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