



## St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1  
Phone 604-434-1328

Email: [parish.sfds@rcav.org](mailto:parish.sfds@rcav.org) Website: [www.sfds.ca](http://www.sfds.ca)

Parish Office Hours Monday to Friday 9am to 5 pm  
(Closed for Lunch from Noon to 1 pm)

Facebook: [sfdsburnaby](https://www.facebook.com/sfdsburnaby) Instagram: [sfdsburnaby](https://www.instagram.com/sfdsburnaby)



“Learn to see God in the details of your life, for He is everywhere.”

St. Francis de Sales

### Pastor:

Father Mark McGuckin

### Assistant Pastor:

Father Médard Kamanzi

### Deacon:

Patrick Dwan

### Religious Education Coordinator:

Marguerite Goldsmith

[sfds.religiouused@rcav.org](mailto:sfds.religiouused@rcav.org)

### Parish Accountant:

Theresa Inocentes

### Parish Secretary:

Danka Mak

### Parish School

#### School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: [office@sfds.school](mailto:office@sfds.school)

Pre-School: 604-434-3311

### St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm on Sundays

**Pastor:** Fr. Edward Ibrahim  
778-251-8270

[stgeorgesmelkite@hotmail.com](mailto:stgeorgesmelkite@hotmail.com)

Website: <http://gm.rcav.org>

### St. Vincent de Paul Society

Help Line: 604-434-1328

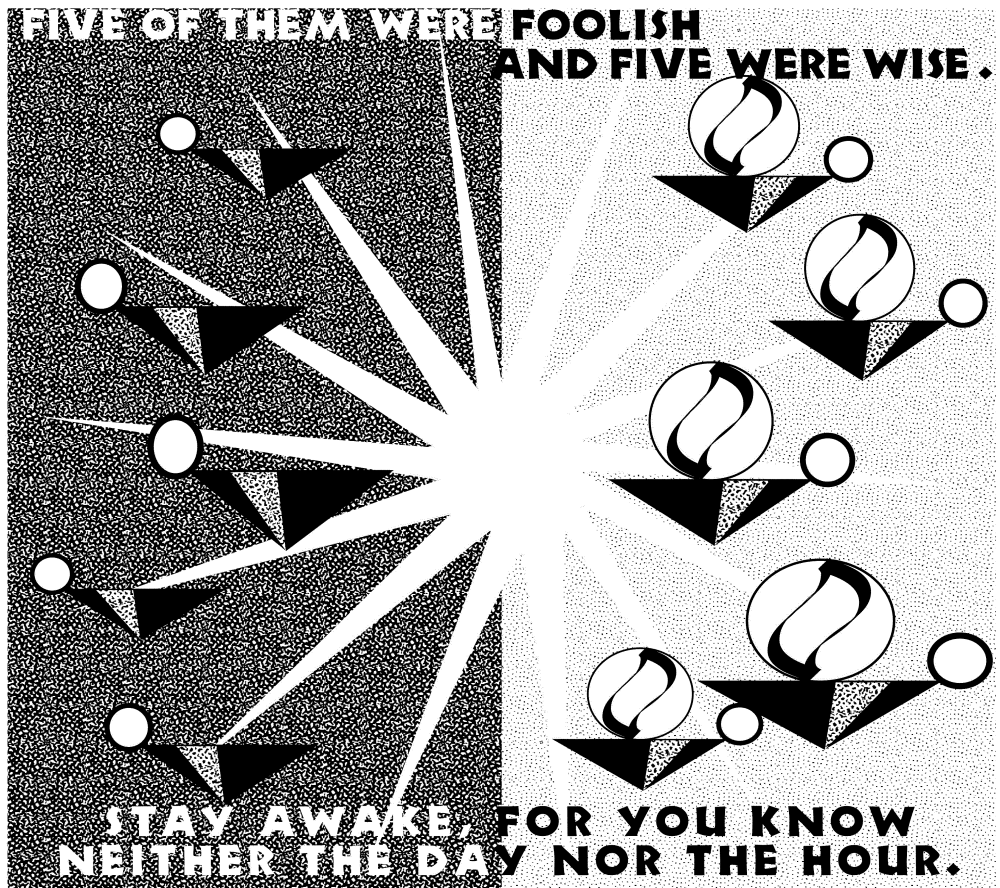
### Domestic Abuse

Help Line: 604-640-7549

Thirty-second Sunday  
in Ordinary Time

November 12, 2023

The Lord is my shepherd;  
there is nothing I shall want!



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### Confessions:

Monday to Friday  
7:55 am to 8:10 am

### Saturday

9:30 am to 10:00 am  
4:00 pm to 4:45 pm

### By Appointment

Please call the Parish Office.  
604-434-1328

### Weekday Mass Schedule:

8:15 am Monday-Friday  
9:00 am Monday November 13  
9:15 am Friday November 17  
(NO SCHOOL MASS)  
9:00 am Saturdays & Holidays

### Weekend Mass Schedule:

Saturday: 5:00 pm Mass of Anticipation  
Sunday: 9:00 am, 11:00 am & 7:00 pm

### Holy Hour:

Thursday mornings after Mass.  
First Friday's at 6:00 pm

### Men's Bible Study

Every Tuesday 9 am to 11 am  
In the Parish Hall

**Sunday, November 12 Matthew 25:1-13**



*Five of them were foolish and five were wise. (Matthew 25:2)*


In Jesus' time, weddings were events to be anticipated: seven days of nonstop feasting and celebrating. So we can assume that all of the ten young woman in today's parable wanted to go to this particular wedding feast. And yet, when the bridegroom was delayed, five of them were not ready. Their lamps died out, and they had no oil to refill them.

Who knows why they weren't prepared? Maybe they were distracted or too busy to make sure their oil flasks were full. But what we do know is that, as a result, they were not where they were supposed to be, and they missed the chance to come into the feast. What a shame! These young woman seriously needed to re-examine their priorities!

As we approach the end of the liturgical year, the Church uses our Mass readings to encourage us to examine our own priorities as we await the coming of the Lord. We have been invited to the wedding feast of Jesus, when his Bride, the Church, will be united to him forever. Of course we want to go!

That means we need to make sure our lamps have enough oil. We need to hear Jesus' last words from today's Gospel: "Stay awake, for you know neither the day nor the hour" (Matthew 25:13). But its not about going to a store to stock up on supplies. Staying awake means looking at how we spend our time and making sure that we are putting the Lord first and cultivating our love for Jesus, our Bridegroom.

Look back over the past week. Think about the decisions you made and how they reveal what is important to you. Is there one priority you could reshape that would help you be closer to where you need to be when the Bridegroom returns? "*Jesus, thank you for inviting me to your wedding feast! Help me be ready for you!*"



**Congratulations!**

*Nicholas Norman Van Louie  
&  
Stephanie Bianca Tejada*

Who were married in our Parish this week.



**Knights of Columbus  
Pancake Breakfast**

**Next Sunday November 19  
After 9 am & 11 am Masses.**



**COOKIE, etc.  
exchange**

You are invited to our 1st annual cookie swap!  
**Saturday, Nov. 18th**  
after gen meeting at 1:00pm

Please bring 6 dozen of your favourite  
● cookies and a dozen to share to group. ●

RSVP: [gracemushinski@gmail.com](mailto:gracemushinski@gmail.com) by  
**Nov. 14, Tues.** 604 614 5407

Pls mention what cookie you are exchanging.  
Pls print copy of your recipe.  
No bought items pls.

**Join us on Saturday November 18  
3:30 pm in the Parish Hall**

Georgia Gamboa, who serves as the Associate Director for Planned Giving within the Archdiocese of Vancouver, will give a free presentation on the crucial topics of Wills, Estates and Planned Giving. Joining her in this event will be Peter Nobes, Director of the Catholic Cemeteries, who will provide insights into Memorial Planning.

**No registration is required. Free refreshments will be provided.**

Hope to see you there!

**White Mass for Health Care Workers**

The Catholic Physician's Guild invites you to join the White Mass for Health Care Workers November 18 at 5:00 p.m. at Holy Rosary Cathedral in Vancouver. Mass is followed by dinner and discussion in the Rosary Hall beside the Cathedral. We are excited to have Brian Bird, a law professor at UBC, joining us for a presentation on conscience rights in health care. You are welcome to join us for a great evening of connection and fellowship!

Please purchase a ticket if you wish to join the dinner and presentation afterwards, if you only wish to attend the Mass feel free to join us at no cost, no ticket purchase required in that case. Spouses and families welcome!

Register online at [beholdvancouver.org/events](http://beholdvancouver.org/events)



# SFDS 90th Gala Painting Competition

**What:** 2023 SFDS 90th Gala Painting Competition

**Who:** Open to SFDS School students & Parish Community (children aged 5 to 17)

**When:** Submission due by Wednesday, Nov. 15, 2023 (submit it to school office or parish office)

**Where:** SFDS Community

**Why:** To celebrate our community's history (past, present, and future)

**How:** Submit original artwork (painted on a foam board size 20 inches \* 30 inches)

The poster should include messages celebrating SFDS' 90th anniversary (for example, "SFDS, 90 years young", "Happy 90th St. Francis de Sales!", "Christianity Rocks!", "The Angels Rejoice, SFDS e 90" or "Together, Through it All! Happy 90th")



The submitted paintings will be displayed at the November 25th SFDS 90TH Gala for votes. There will be a prize for winning painting.

### Important instruction:

Please print your first name and grade on the back of the poster.

(No names to appear on the front)

For more information, please email questions to [sfds.give@gmail.com](mailto:sfds.give@gmail.com)



## St. Francis de Sales Parish Gala Dinner

November 25, 2023

PRICE: \$50



Saturday, Nov. 25, 2023  
6:30PM Doors Open  
7:00PM Dinner is Served  
St. Francis de Sales School Gym  
6656 Balmoral St, Burnaby, BC V5E 1J1



### Society of St. Vincent de Paul Christmas Hampers 2023

Thank you for your generous donations in the past. Donations can be placed in the box at the entrance of the church or dropped off to the parish office. The gift cards can be put in the offertory collection baskets at weekend Masses.

#### We are requesting for the following

**items:** Coffee, tea, canned meat (*ham and chicken only*), canned fish (*tuna and salmon only*), pasta sauce, breakfast cereal (*e.g., Cheerios, instant oatmeal packets like Quaker oats or healthy cereal for kids*), Kraft dinner, peanut butter, canned fruit, packet juices, jam, mayonnaise, canned corn, baked beans, canned spaghetti, ravioli, chili, stew, snack bars, instant noodles, canned & packaged soups, crackers, hot chocolate.

Hampers will be distributed on December 2<sup>nd</sup>. Individuals/families in need residing in South Burnaby can contact the parish office at 604-434-1328 until November 26<sup>th</sup>.



## CWL GENERAL MEETING

SATURDAY, NOV. 18 @ 1:00 PM

Discussion/ Voting on:

Membership fee  
Proposed budget for 2024

Make your voice heard!

To be followed by:  
1st Annual Cookie Exchange

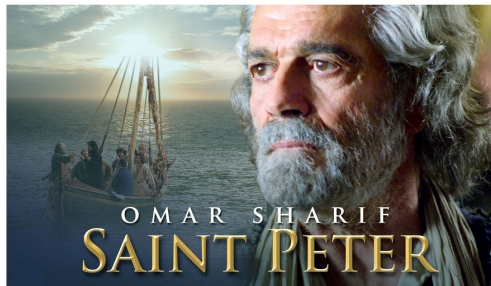
# THIS WEEK ON **FORMED**

Week of November 12, 2023



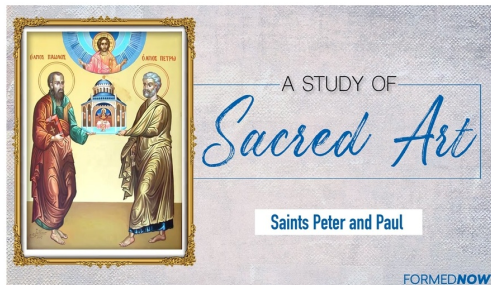
## Paul the Apostle | The Bible Collection

The church's greatest enemy became Christ's most prolific messenger. Beautifully shot in the Moroccan desert, Paul the Apostle is a sweeping saga of the man who brought the Gospel to the Western world.



## Saint Peter

Watch the epic story of the spread of Christianity during the early years of the Church. This film follows the journey of St. Peter through his martyrdom on a cross.



## Saints Peter and Paul

Join Dr. Ben Akers and Taylor Kemp to expand your knowledge of sacred art. In this episode on FORMED, they discuss an icon depicting Sts. Peter and Paul.

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Visit [signedup.formed.org](https://signedup.formed.org) and select our parish name.



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