



St. Francis de Sales

6610 Balmoral Street, Burnaby, V5E 1J1

Phone 604-434-1328

Email: parish.sfds@rcav.org Website: www.sfds.ca

Parish Office Hours Monday to Friday 9am to 5 pm
(Closed for Lunch from Noon to 1 pm)

Facebook: sfdsburnaby Instagram: sfdsburnaby



Pastor:

Father Mark McGuckin

Assistant Pastor:

Father Médard Kamanzi

Deacon:

Patrick Dwan

Religious Education Coordinator:

Marguerite Goldsmith

sfds.religioused@rcav.org

Parish Accountant:

Theresa Inocentes

Parish Secretary:

Danka Mak

Parish Administrative Assistant :

Fiona Dwan

Parish School

School Principal:

Mrs. Irene Wihak

Ornella Hatzisavva-Secretary

Phone: 604-435-5311

Fax: 604-434-4798

Email: office@sfds.school

Pre-School: 604-434-3311

St. George's Melkite-Greek Catholic Mission

Byzantine Rite Mass at 1:30 pm on Sundays

Pastor: Fr. Edward Ibrahim

778-251-8270

stgeorgesmelkite@hotmail.com

Website: <http://gm.rcav.org>

St. Vincent de Paul Society

Help Line: 604-434-1328

Domestic Abuse

Help Line: 604-640-7549

Confessions:

Monday to Friday

7:55 am to 8:10 am

Saturday

9:30 am to 10:00 am

4:00 pm to 4:45 pm

By Appointment

Please call the Parish Office.

604-434-1328

Weekday Mass Schedule

8:15 am Monday-Friday

9:00 am Saturday's & Holidays

Holy Hour

Thursday mornings after Mass

First Friday's at 6 pm

Sunday April 14, 2024

Third Sunday of Easter



Mass Times:

Saturday: 5:00pm*, Sunday: 9:00am*, 11:00am & 7:00pm

*) with The Liturgy of the Word for Children



Jesus has made Himself the Bread of Life to give us life. Night and day He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration."

St. Teresa of Calcutta

Sunday, April 14, Luke 24:35-48

He opened their minds (Luke 24:45)

What a traumatic three days the disciples had just been through, from the Last Supper through Gethsemane, Judas' betrayal, Jesus' arrest, and Peter's denial, all the way up to Jesus' crucifixion! Everything they had staked their lives on had fallen to pieces, and they themselves had failed Jesus completely.

So its no wonder that Jesus' first words when he appeared to the disciples were "Peace be with you" (Luke 24:36). How they needed that peace! Then, just as he had done for the disciples on the road to Emmaus, he "opened their minds" to help them make sense of all they had just been through (24:45). Walking them through the Scriptures, he showed them how his death had been part of God's plan all along. He helped them see that it was not a tragedy but a triumph. It was not the end of all their hopes but the beginning of a glorious new future.

Have you ever felt the way the disciples did? Maybe your in the midst of a painful situation right now that has you feeling confused, betrayed, or lost. Maybe a traumatic experience in the past still haunts you. Or maybe the guilt of some past sins continues to weigh you down.

Whatever your situation, Jesus longs to do for you what he did for his disciples. He longs to open your mind to his mercy so that you can be set free from guilt or shame. He longs to reveal his love so that you can see your past, especially the painful parts, through his eyes of love and compassion. He longs to give you new insight into his wisdom so that you can look to your future with hope and trust.

Quiet your heart today so that you can hear Jesus speak to you. Let him "open your mind" and show you how he looks at you. Let him give you his peace.

Sweet Surrender

The Joy of Entering God's Will

Easter Retreat for Divorced and Separated



Saturday, April 27, 9:30 a.m. to 2:30 p.m.
at St. Francis de Sales Parish in Burnaby

Preschool - Registration for SFdS preschool is commencing for the 2024 - 2025. Preschool 3 runs two afternoons a week. Preschool 4 runs two options (5 mornings a week or 3 afternoons a week). To inquire, please email Mrs. Hara at ahara@sfd.school or by reviewing our website SfDS Preschool



MARCH FOR LIFE VICTORIA THURSDAY MAY 9, 2024

SCHEDULE OF EVENTS

12:00PM Protestant Prayer Service
Central Baptist Church
833 Pandora Avenue, Victoria, BC

12:00PM Mass at St. Andrew's Roman
Catholic Cathedral
740 View Street, Victoria, BC

1:45PM March leaves from Centennial Square
down Government Street
to the B.C. Legislature

FOR MORE INFO:

www.M4LVictoria.ca
Email: M4LVictoria@gmail.com

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#M4LVic #Prolife



PLS. COME TO OUR
MARDI GRAS



DINNER DANCE

SATURDAY \$35./GUEST
 April 27, 2024 \$20.00 KIDS UNDER 10
 6:00 pm FREE PARKING

SFDS SCHOOL GYM
 6656 BALMORAL ST.

inquiry & e transfer :
 joan: burnabyjoan@gmail.com
 gracemushinski@gmail.com

NO HOST BAR

SAVE *the* DATE



St. Francis de Sales

SPRING FAIR

MAY 25, 2024



FROM 10:00 AM - 5:00 PM 6656 Balmoral Street, Burnaby

Attention Parishioners:

This weekend after all Masses, in the entrance of the church, a local small shop called **A Lil' Plant** will be selling handmade embroidered saint dolls and Catholic toys. Perfect gifts for those receiving First Holy Communion and Confirmation. There will be St. Francis de Sales dolls, Holy Family dolls and more, however quantities are limited. A portion of the sales will be donated back to our parish. Come check them out after Mass!



Come
to Night #2
Breath of God | Episode 2
 April 17 @ 7:00 pm



THE WILD GOOSE Series

NEW TIME

"Bring to your encounter with Jesus, hidden in the Eucharist, all the enthusiasm of your age, all your hopes, all your desire to love."
 Pope John Paul II



Knights of Columbus
Pancake Breakfast
 Next Sunday April 21
 After 9 am & 11 am Masses.



THIS WEEK ON **FORMED**

Week of April 14, 2024



God Is with Us

What does it mean to say that God is with us in the Eucharist? What is the Eucharist? Watch Episode 1 of Presence today!



St. Bernadette of Lourdes

"St. Bernadette of Lourdes" is a beautiful and faithful retelling of the familiar story of one of the world's most beloved saints. Humorous, moving, and reverent, this unique, award-winning, independent film has been seen by millions worldwide and has sold tens of thousands of copies since its release in 2009.



Joan of Arc

Cultivate a devotion to St. Joan of Arc, the young saint who died a martyr at the age of nineteen, by watching this powerful film. Her story comes to life in this movie and will doubtless leave you inspired by her faith in God.

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